



FELIX FITNESS & SPORTS ACADEMY

Swim Timetable (December 2017 Crush Course)



TUESDAY		WEDNESDAY	
African Regent Hotel		Airport View Hotel (Airport Residential)	
12:00pm – Aquanaut – Level 1		8:30am – Level 7 – 10 9:15am – Level 5 – 6 10:00am – Level 3 – 4 10:30am – Level 1 – 2 11:00am – Aquanaut 11:30am – Parents & Babies 12:00pm – Adult Swim Lesson	
THURSDAY			
Airport View Hotel (Airport Residential)			
8:30am – Level 7 – 10 9:15am – Level 5 – 6 10:00am – Level 3 – 4 10:30am – Level 1 – 2 11:00am – Aquanaut 11:30am – Parents & Babies 12:00pm – Adult Swim Lesson			
FRIDAY			
Airport View Hotel (Airport Residential)			
8:30am – Level 7 – 10 9:15am – Level 5 – 6 10:00am – Level 3 – 4 10:30am – Level 1 – 2 11:00am – Aquanaut 11:30am – Parents & Babies 12:00pm – Adult Swim Lesson			
SATURDAY			
Airport View Hotel (Airport Residential)		African Regent Hotel	
8:30am – Level 7 – 10 9:15am – Level 5 – 6 10:00am – Level 3 – 4 10:30am – Level 1 – 2 11:00am – Aquanaut 11:30am – Parents & Babies 12:00pm – Adult Swim Lesson		2:00pm – Aquanaut – Level 1	